

### **CODA Site Visit: April 12-14, 2005**

The site visit date is fast approaching! I would like to remind all faculty, staff and students that the School's accreditation is our number one priority for the 2004-05 academic year. Thanks to everyone who has contributed to the predoctoral self-study draft, which will be available (without exhibits) by October 1, 2004 for faculty review at:

[dentistry.ucsf.edu/about/assd.html](http://dentistry.ucsf.edu/about/assd.html)

Members of the faculty and administration are set to meet with two accreditation consultants on separate days: October 13-14 and November 3-4. They will be reviewing clinical procedures, facilities, goals and outcomes and

# 209 days

the new curriculum, and going over the self-study in great detail.

-- Dr. Dorothy Perry, Associate Professor and Assistant Dean for Curricular Affairs

### **Faculty Retreat October 1-2**

Featured speaker Dr. Frederic Luskin will present his popular "Forgive for Good" workshop and class at the upcoming School of Dentistry Faculty Retreat, scheduled for Friday-Saturday, October 1-2 at The Chaminade Resort ([www.chaminade.com](http://www.chaminade.com)) in Santa Cruz. The theme for this year's retreat is *Communication and Professional & Academic Growth*.

The reduced rate for faculty to attend the retreat is \$75, and includes Friday night lodging and all meals. Guests may attend dinner on Friday night at \$25 per guest. All other provided meals (lunch on Friday; breakfast and lunch on Saturday) may be attended by faculty members only. Please plan to arrive at the resort in time to check in and start the meeting promptly at 11:00am on Friday, October 1st. All faculty members were sent a flyer

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**\*\*2 Important Calendar Announcements\*\*  
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## Faculty Retreat Features Renowned Forgiveness Speaker

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and registration form for the retreat. If you did not receive these or have questions about the program, please contact Don Curtis, Chair, Faculty Council, at (415) 476-5827; email: [dcurtis@itsa.ucsf.edu](mailto:dcurtis@itsa.ucsf.edu). Lunch will be provided after the first session and the Retreat ends after lunch on Saturday. If you would like to extend your stay, Chaminade is offering the UCSF group rate of \$189 per night.



*Dr. Frederic Luskin*

combines a lecture with a hands-on approach to the ancient tradition of forgiveness. Participants explore forgiveness with the goal of reducing hurt and helplessness, letting go of anger and increasing confidence and hope as they learn how to release unwanted hurts and grudges. In-class practice may include guided imagery, journal-writing and discussion, all presented in a safe and nurturing environment.

Luskin presents lectures, work-

shops, seminars and trainings nationwide on the importance, health benefits and training of forgiveness. Luskin holds a PhD in Counseling and Health Psychology from Stanford University. He is the Co-Director of the Stanford-Northern Ireland HOPE Project, an ongoing series of workshops and research projects that investigate the effectiveness of his forgiveness methods on the victims of political violence. He served as the Director of the Stanford Forgiveness Project, the largest research project to date on the training and measurement of a forgiveness intervention. He currently works as a Senior Fellow at the Stanford Center on Conflict and Negotiation.

For more on Dr. Luskin's Forgiveness for Good workshops, go to: [learningtoforgive.com](http://learningtoforgive.com).

### Focusing on Forgiveness

Faculty encounter numerous sources of job-related stress. One of the major sources of stress can be caused by an inability to forgive. Holding onto a real or perceived wrong can result in a variety of negative health affects. Studies have shown that failure to forgive may be more important than hostility as a risk factor for heart disease.

Luskin's forgiveness-training methodology, which has been validated through six successful research studies conducted through the Stanford Forgiveness Projects,

### Awards/Honors/Appointments

D3 student Jin Kim has been elected a Councilor of the National Student Research Group. Kim was elected to the position by the student members of the American Association for Dental Research (AADR). His main role will be to represent the Student Research Group at the Council of the AADR.

He will also plan the AADR Caulk/Dentsply Student Research Competition which will take place during the annual AADR meeting.

Doug Warner, a D3 student, has been selected as the first winner of the ADEA/William J. Gies Foundation Research Scholarship. This scholarship program seeks to identify students who may have a unique interest or pre-dental

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experience that might lead to a career in dental research. Warner is pursuing a joint DDS/MS degree, and was chosen based on his work in the NIH short-term fellowship program and his continuing research in conjunction with his dental studies. Warner will receive \$3,500 each year, up to a maximum of \$14,000 while in dental school. The Gies Scholarship, sponsored by the American Dental Education Association (ADEA), was formulated to foster greater research at the pre-doctoral level.

Harvey Brody, Clinical Professor Emeritus in the Department of Stomatology, has been appointed Director of the UCSF Faculty Search Committee Ambassador Program, a two-year pilot program developed by the Equal Opportunity Committee of the Academic Senate to help search committees attract diverse pools of outstanding faculty candidates.

Yvonne De Souza, Director of the UCSF AIDS Specimen Bank and Director of Operations for SICCA, has been named Vice Chair for the Chancellor's Advisory Committee on the Status of Women (CACSW). CACSW is charged with examining the status of women on the UCSF campus, and analyzing existing policies, procedures, and programs that affect those issues.

## Laret to Speak at White Coat Ceremony



Mark Laret, Chief Executive Officer of UCSF Medical Center and the UCSF Clinical Enterprise,

will be the Keynote Speaker for this year's Dedication Ceremony on September 30 at 3:00 pm in Cole Hall.

"Mark Laret has long been a champion of the School of Dentistry, and it's very exciting to have a health care administrator of his stature speak at the White Coat Ceremony," said Dean Charles Bertolami.

Laret is responsible for the administration and day-to-day operations of one of the most distinguished healthcare institutions in the world. The medical center includes the outpatient medical practices of more than 900 physicians in over 75 specialties, and two hospitals totaling 687 licensed beds.

All D1 students will be given their white lab coat by a faculty member at the ceremony, which is open to students' family members, friends and other members of the UCSF community. First-year dental students must arrive at 1:00 pm for white coat pick-up and a dress rehearsal. A reception in the Cole Hall lobby will follow the ceremony.

## Calendar Change

Clinics will no longer be closed on January 14-15, 2005, as indicated on previously printed versions of the School Calendar. The UCSF Dental Alumni Association annual meeting, originally planned for January 14-15, has been moved to January 21-22, 2005. Clinics will not be closed on January 21-22, but students are encouraged to attend the sessions scheduled for Saturday, January 22.

## Student/Faculty Picnic, October 15

The student and faculty picnic is scheduled for Friday, October 15 in the Sharon Meadow Picnic Area in Golden Gate Park, from noon to 4:00 pm.

The picnic is open to all DDS, IDP and Dental Hygiene students and faculty.

Food and drink will be provided, and a wide variety of games are planned. Dean Charles Bertolami encourages all faculty and students to attend the event. The picnic is a terrific opportunity for faculty mentors to connect with their student protégés.

COMMUNITY SERVICE

## School of Dentistry Students Provide Free Health Care in Hayward

On May 22<sup>nd</sup>, 21 School of Dentistry DDS students visited the Abu-Bakr Siddiq Mosque in Hayward to screen and provide oral health instruction to Afghan children who attend the Mosque's Saturday school. The Abu-Bakr Siddiq Mosque provides free cultural and spiritual education for predominantly Afghan children. The event was the first of its kind within the Afghan community of Southern Alameda County.

Third-year Dental students Royeen Nesari and Jabran Alemi conceived the idea over a twelve-month period. Administrative and faculty support was provided by Associate Dean for Clinic Administration, Bill Bird, Clinical Professor Howard Pollick, and Associate Dean for Student Affairs Charles Alexander. A supervising faculty volunteer, Arnel Lee, a UCSF graduate who practices in the Fremont area, expressed interest in participating.

Students gave the children oral health instruction and screenings, and provided referral lists for local resources within southern Alameda County. In all, 70 children were



Photo by Brian Steele

evaluated during the course of the day. The average age was about 10, ranging from 5 to 18. Activities varied from playing games and teaching basic oral hygiene to providing extensive oral health education and career counseling.

Each child was given a screening form (in both Farsi and English) that detailed the students' basic dental findings, and recommended followup treatment such as sealants, orthodontic consultation or oral hygiene improvement.

### Dental Findings

The data that the students gathered showed that for the children at the mosque there is a definite need for improved oral hygiene and nutrition. Of the 60 children screened, 44 showed poor oral hygiene, while 41 were in need of a dental visit. These numbers demonstrate a pressing need for better education and dental care within the Afghan community, according to Nesari. "Their nutritional habits, though not directly recorded, placed the children at a high risk for caries," Nesari said.

"During the screening session, most of the children snacked on soda, candy bars, and other junk food. In some cases, we were not able to screen the children due to this constant consumption."

The UCSF School of Dentistry newsletter is published quarterly by the Dean's Office. Announcements, news, etc. may be submitted to the editor, Cameron Heffernan by email: [heffernanc@dentistry.ucsf.edu](mailto:heffernanc@dentistry.ucsf.edu), and will be run as appropriate, and as space provides.